

PCG Care Solutions and My Life CIC are proud to jointly offer a number of free workshops with the internationally renowned social trailblazer and inclusion pioneer Judith Snow.

FREE WORKSHOPS

in Support planning,
Circles of Support, and ABCD



12th & 13th June 2015
Wigan, Lancashire



my life

PCG

Care Solutions
Creating Choice. Providing Control.™



Judith shows people that there really is no disability: **“People are always contributing something. The work is to see the value and potential in what they are contributing and build that through relationships into community and economic opportunities.”**

ABOUT JUDITH SNOW

Judith is a person who is barely able to use her body at all and she was the first person in Canada to receive a personal budget. She is a faculty member of the international Asset-Based Community Development Institute and a founding member of the Marsha Forest centre for inclusion.

Judith has spent the past 30 years travelling the world sharing her experiences and training and inspiring others but it is eight years since Judith has visited the UK, so this really is a once-in-a-lifetime opportunity to meet Judith and hear her talk.

The workshops will cover asset-based community development, circles of support and person-centred planning. There will also be ‘an audience with’ session giving participants the opportunity to hear about Judith’s inspirational journey to achieving independence and inclusion for both herself and others.

THE FREE WORKSHOPS INCLUDE:

Friday 12th June

10.00-11.30am: Creating inclusive and 'asset-rich' communities:

In this workshop, Judith will outline strategies using the principles of inclusion and grass roots 'asset-based community development' (ABCD) to ensure that everyone is included and able to make valued contributions to their local communities.

12.00-1.30pm: Support circles

This workshop will be particularly beneficial for practitioners both advanced and new to the facilitation of support circles and will explore and showcase the latest techniques and tools for building effective and sustainable support circles.

2.30-4.00pm: Person-centred planning

Appropriate for advanced and more novice person-centred planners, this workshop will both refresh and inspire practitioners on the benefits of person-centred planning approaches as well as share the latest international developments and approaches in this area.

4.30pm-6.00pm: An audience with Judith Snow

This is an opportunity to hear about Judith's journey to achieving independence and social inclusion for both herself and thousands of others. You cannot fail to be in Judith's presence without experiencing a shift and seeing new possibility for yourself and others. Powerful, energetic and joyful, her passion is matched only by her commitment. Her entire life is dedicated to making a difference for people all over the world. There will be an opportunity to ask Judith questions during this session.

Saturday 13th June

10.00-11.30am: Support circles

Find out how a Circle of Support could make your life better.

Circles of Support are about building a group of family, friends, and supportive workers who come together to give support and friendship to a person including helping them do the things they would like to do and support in planning for new things in their life.

1.00-2.30pm: Person-centred planning

An interactive, creative and fun session aimed giving families an introduction to person-centred planning techniques and tools in order to create the best possible life for their loved ones.

3.00-4.30pm: Person-centred care and support planning LIVE

We are giving one individual and their family members and/or carers the chance to work with Judith to develop a person-centred support plan in a session that promises to change lives for the better.

Please note this session is open to other participants to observe and learn from the person-centred planning tools and techniques used by Judith.

If you would like Judith to work with you to develop your care and support plan, please get in touch with My Life (contact details overleaf) to discuss this.



INFORMATION

Venue

My Life, Thompson House, Off Pepper Lane, Standish, Wigan, Lancashire WN6 0PP

Thompson House is a fully accessible and stunning venue situated within 80 acres of farmland. Tours of the venue will be available. If you require additional support to attend any of these sessions, this can be arranged through My Life, please get in touch to discuss your needs.

Booking

Places at each workshop are free but they are limited and available on a first-come-first-served basis. Participants are able to book onto multiple sessions if they wish.

Places can be booked online at <https://judithsnowworkshops.eventbrite.co.uk> or alternatively, please contact My Life at info@my-life.org.uk or on 01257 472900.

Due to the high demand of these workshops we respectfully ask if people are no longer able to attend that they please let us know so we can reallocate the place. In the event of a no-show or cancellation within 24 hours there will be a cancellation charge of £15 per place. Unforeseen and exceptional circumstances will of course be taken into consideration, and in these instances, the cancellation fee waived.

About PCG Care Solutions

PCG Care Solutions (formerly shop4support) provides technology solutions that help organisations empower and enable people to be more independent, allow choice and control and help build more connected, resilient and integrated communities.

These solutions include websites and online platforms for people to access information, advice and guidance on care and support in their local area, as well as directories of local activities and online marketplaces where people can manage their personal budget online and find and buy care, support and equipment all online.

www.pcgcaresolutions.com | www.shop4support.com

About My Life

My Life is an innovative social enterprise that connects people with communities. They help make lives better for people of all ages who need support to live a good life, including children, young people and adults with ill-health or age-related problems, and people who generally feel lonely or isolated within their communities.

www.my-life.org.uk

PCG Care Solutions is a proud sponsor of the ABCD Festival
15th-19th June 2015 | www.abcdfestival.org